

**PARTICIPANTS:** The Center is non-denominational and serves all people aged 60 or older that live within the City of Alexandria.

**NEW PARTICIPANT REGISTRATION:** A short registration process is used to assess a prospective participant's needs and to meet Administrative requirements. Please call 703-751-2766 to make an appointment.

**SENIOR OPPORTUNITIES:** The Center promotes happiness and independence through health and wellness, social, educational, recreational, and cultural opportunities. Referrals are made to other services throughout the community. Nutritious lunches are served daily.

**CENTER LOCATION:** The Center is located at **4650 Taney Avenue, Alexandria**, across the street from the Patrick Henry Elementary School and Rec Center. Take Seminary Road to North Jordan then turn right on Taney Avenue.

**TRANSPORTATION AND MEALS:** The City of Alexandria provides door-to-door bus transportation and daily lunch. Registered participants can make bus or meal reservations by calling 703-751-2766, one day in advance before 11:00 am.

**PARTNERS OF ST. MARTIN DE PORRES SENIOR CENTER:** This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

**HELPFUL INFORMATION SOURCES:**

- **City of Alexandria Division of Aging and Adult Services: 703-746-5999**
- Alexandria DOT Transportation: 703-746-4079
- Alexandria Meals-On-Wheels: 703-836-4414 x.110 Marshall Hespe
- Alexandria Senior Taxi: 703-746-5999 x1
- Arlington County Agency on Aging: 703-228-1700
- Fairfax Area Agency on Aging: 703-324-7948
- Legal Services of Northern Virginia: 703-778-6800 Mon-Thurs 9:30-12:30, 1:30-3:30
- Catholic Charities Emergency Assistance: 703-548-4227, 703-548-4881
- **Catholic Charities Diocese of Arlington Senior Services: 703-751-2766**

**ST. MARTIN DE PORRES SENIOR CENTER STAFF:**

Juanita Balenger, Senior Center Program Director  
Luis Angel, Senior Center Assistant Director  
Maria Mellor, Activities and Food Service Assistant, Volunteer Coordinator  
Christine Simon, Operations Assistant



# ST. MARTIN DE PORRES SENIOR CENTER

ALL SENIORS WELCOME!

Welcome Back!!

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.



## March 2025

4650 Taney Ave. Alexandria, VA 22304

Phone: 703-751-2766

[www.cdda.net/seniorservices/](http://www.cdda.net/seniorservices/)

**CENTER OPEN:** MONDAY – FRIDAY  
8:45 A.M. – 1:30 P.M.

**OFFICE HOURS:** 8:30 A.M. – 4:30 P.M.

# FIELD TRIPS

## **\*\*Reminders\*\***

### Additional Closures:

- Bus reservations must be made at least one day in advance by 11 am.
- Lunch reservations must be made at least one day in advance by 11am.



## Happy Birthday!

### March Birthdays!

- 03 – Marthe Tarishi
- 06 – Betty Rosas
- 11 – Demeku Bogale
- 12 – Woinshet Yadete
- 14 – Ella Fallen
- 17 – Margaret Coo
- 20 – SOUNGMI GUAK
- 27 – Sileaynwa Aregu
- 30 – Myrna Samuel



Our Birthday Party will be on Wednesday, March 12.  
Hope you are ready to dance and celebrate!!

### Thursday, March 5: National Guard Memorial Museum

We will be going to the National Guard Memorial Museum. This is the 3rd stop in visiting all the military branches museums. The building is home to the National Guard Memorial Museum, the Memorial Library and the Medal of Honor Gallery. Other historical elements, including busts of presidents who served in the militia, Guard aircraft models and miniature statues of Guardsmen representing various states and times periods, are located in the building. We will return to the senior center for lunch. **Bus pick up begins at 8:15am and we will be leaving the center at 9:15. Last day to sign up is March 4th at 11:30am. Please sign up with Maria in person while she is in her office to reserve your spot.**

